

**DELAWARE TECHNICAL AND COMMUNITY COLLEGE  
And  
UNIVERSITY OF DELAWARE**

**PROGRAM ARTICULATION AGREEMENT**

**Associate Degree  
Exercise Science**

**Baccalaureate Degree  
Health Behavior Science:  
Public Health Minor**

**2019 through 2024**

# **Associate-Baccalaureate Program Articulation Agreement**

**between**

**Delaware Technical and Community College  
and  
University of Delaware  
for  
Exercise Science/Health Behavior Science:  
Public Health Minor**

## **AGREEMENT**

**WHEREAS** Delaware Technical and Community College (DTCC) and University of Delaware (UD) are committed to expanding educational opportunities for the citizens of the State of Delaware, and

**WHEREAS** the two institutions are committed to providing a smooth transition for students wishing to earn an associate degree and a baccalaureate degree, and

**WHEREAS** the intent of the two institutions is to avoid duplication of curricula where appropriate within articulated programs of studies, and

**WHEREAS** the two institutions better serve the educational growth of students and the economic development of the community through cooperative educational planning and optimal utilization of community resources,

**BE IT HEREWITH RESOLVED** that this agreement commits the partners to full support of an articulation process between similar academic programs offered by the two institutions.

## PROVISIONS OF THE AGREEMENT

1. The institutions agree to follow the connected degree curriculums delineated in this document for the transfer of DTCC's Associate Degree Program in Exercise Science and the University of Delaware's Bachelor of Science Degree Program in Health Behavior Science with a minor in Public Health.
2. Both institutions will cooperate toward developing, disseminating, and presenting the articulated program information to students.
3. Graduates of the DTCC program who have completed the associate degree with a cumulative grade point average of 2.5 or higher will automatically be accepted into the baccalaureate program at UD. Students will be considered for admission based on the completed work at the time of the review. DTCC will provide confirmation of degree completion upon students' final semester of coursework. Students who do not complete the degree program as outlined in the agreement may have admission based on the articulation agreement criteria rescinded, however still may be considered for regular transfer admission based on the totality of their academic record. UD reserves the right to recalculate the DTCC cumulative grade point average to account for DTCC's grade forgiveness policy when making admission decisions.
4. Students must complete the courses in the specified associate degree program herein with a grade of C or better to receive the credits for transfer. Students are expected to complete all courses outlined in the DTCC portion of the agreement at DTCC. Students who have attended a college or university other than DTCC and transferred credits to DTCC in pursuit of the associate degree program may not be admissible via the provisions of this articulation agreement. In such cases, students will be considered based on their entire academic history and not guaranteed admission to the bachelor's degree program or the course equivalencies detailed within the provisions of this agreement. Coursework taken at an institution other than DTCC may not transfer to UD as noted in the agreement. It is expected that students will complete all coursework in the UD portion of the agreement at UD. Students who previously attended UD are not eligible for admission via an articulation agreement and instead should apply for readmission consideration if wishing to re-enroll at UD.
5. Students intending to transfer should complete the UD admissions application following the third semester of their associate degree program. Students should note on their application that they are applying as part of an articulation agreement/connected degree.
6. Students are subject to all the policies and procedures of both institutions.
7. Students are subject to all specific policies pertaining to students admitted to the Health Behavior Science Bachelor of Science Degree Program.

8. This articulation agreement is based on the present curricula contained in this document and it is effective for a period of five years from the date of signing by both parties.
9. Both institutions at any time may initiate changes to this articulation agreement. Both institutions reserve the right to modify the programs as deemed necessary and agree to inform the appropriate individuals of said changes. Departments will review agreements and notify the appropriate individuals at each institution of any changes by July 1 of each year the agreement is in effect. The University of Delaware will make a good faith effort to honor this articulation agreement for any Delaware Technical and Community College student who enrolls in the 2019 Associate Degree program during the five year period specified for this agreement, and graduates with the required associate degree within eight (8) years of the signing of this agreement by both parties. A student who meets these conditions must apply to the University of Delaware and be accepted in order to receive the benefits of this agreement.

# CONNECTED DEGREE ANALYSIS

## Matching Worksheet/Suggested Course Sequence/Bachelor's Completion

ASSOCIATE DEGREE PROGRAM A.A.S. DELAWARE TECHNICAL & COMMUNITY COLLEGE	BACHELOR'S DEGREE COURSE MATCH OR POTENTIAL COURSE MATCH		BACHELOR'S DEGREE COMPLETION B.S. UNIVERSITY OF DELAWARE		
Course No./Name	CR	Course No./Name	CR	Course No./Name	CR
<b>First Semester (summer)</b>					
SSC 100: First Year Seminar	1	UNIV 166DE: Department Elective	1		
BIO 120: Anatomy & Physiology I	5	KAAP 309: Human Anatomy & Physiology I KAAP 366DE: Department Elective	4 1		
<b>Second Semester (fall)</b>				<b>Seventh Semester (fall)</b>	
BIO 121: Anatomy & Physiology II	5	KAAP 310: Human Anatomy & Physiology II KAAP 366DE: Department Elective	4 1	BHAN 160: Health Behavior Science Seminar	1
ENG 101: Critical Thinking & Academic Writing	3	ENGL 166DE: Department Elective	3	BHAN 311: Issues in Health Behavior Science	3
EXS 100: Intro to Exercise Science	4	KAAP 430: Exercise Physiology (Dept. will substitute 4 this course for the additional Math, Natural Sci. & Tech elec.)	4	BHAN 332: Health Behavior Theory & Models	3
EXS 101: Functional Kinesiology	3	KAAP 350: Basic Concepts in Kinesiology	3	STAT 200: Basic Statistical Practice Breadth: Creative Arts & Humanities	3 3
<b>Third Semester (spring)</b>				<b>Eighth Semester (spring)</b>	
ENG 102: Composition & Research	3	ENGL 166DE: Department Elective (Successful transfer of ENGL 101, ENGL 102 & Associate Degree at DTCC will result in exemption for ENGL 110 at UD)	3	BHAN 326: Research Methods & Stats for Behavioral Sci.	3
MAT 153: College Math & Statistics	4	MATH 114: College Math & Statistics MATH 166DE: Department Elective	3 1	BHAN 335: Health & Aging OR BHAN 342: Intro to Adapted Physical Activity	3 3
EXS 105: Conditioning & Strength Training	4	KAAP 320: Principles of Strength & Conditioning KAAP 366DE: Department Elective	3 1	HLPR 211: Intro to Public Health	3
EXS 120: Wellness & Health Promotion	3	BHAN 155: Personal Health Management: An Approach for a Lifetime	3	HLPR 222: Intro to Epidemiology	3
HLHI 10: First Aid, Safety & CPR	3	KAAP210: Emergency Management of Injuries & Illness	3	Breadth: History & Cultural Change/Multicultural Course	3

ASSOCIATE DEGREE PROGRAM A.A.S. DELAWARE TECHNICAL & COMMUNITY COLLEGE		BACHELOR'S DEGREE COURSE MATCH OR POTENTIAL COURSE MATCH		BACHELOR'S DEGREE COMPLETION B.S. UNIVERSITY OF DELAWARE	
Course No./Name	CR	Course No./Name	CR	Course No./Name	CR
<b>Fourth Semester (summer)</b>					
EXS 135: Exercise Science Clinical I	2	BHAN 263: Health Behavior Science Practicum	2		
BIO 115: Nutrition	3	NTDT 200: Nutrition Concepts	3		
<b>Fifth Semester (fall)</b>				<b>Ninth Semester (fall)</b>	
SOC 111: Sociology I	3	SOCI 201: Introduction to Sociology	3	BHAN 334: Health Behavior Assessment	3
EXS 200: Nutrition for Sport & Exercise	3	NTDT 310: Nutrition & Activity	3	BHAN 490: Development of Health Promotion Programs	3
EXS 205: Fitness for Special Populations	3	KAAP 266DE: Department Elective	3	HLP 430: Behavior Change Strategies & Tactics	3
EXS 225: Advanced Exercise Testing	4	KAAP 434: Twelve-Lead Electrocardiogram Interpretation	4	HLP 233: Intro to Global Health	3
EXS 230: Health Fitness Instruction	4	BHAN 266DE: Department Elective (Successful transfer of both EXS230 & EXS205 = 3 cr3 BHAN435 + 4 cr BHAN266DE at UD)	1	PH Minor Elective: Social Systems Category	3
<b>Sixth Semester (spring)</b>				<b>Tenth Semester (spring)</b>	
PSY 121: General Psychology	3	PSYC 100: General Psychology	3	BHAN 464: Health Behavior Science Internship	9
EXS 235: Exercise Science Clinical II	5	KAAP 166DE: Department Elective	5	PH Minor Elective: Leadership Category	3



# CONNECTED DEGREE CURRICULUM

## Suggested Course Sequence

ASSOCIATE DEGREE, A.A.S. DELAWARE TECHNICAL AND COMMUNITY COLLEGE				BACHELOR'S DEGREE B.S. UNIVERSITY OF DELAWARE			
<b>Semester 1 (Summer)</b>			<b>CR</b>	<b>Semester 7 (Fall)</b>			<b>CR</b>
SSC	100	First Year Seminar	1	BHAN	160	Health Behavior Science Seminar	1
BIO	120	Anatomy & Physiology I	5	BHAN	311	Issues in Health Behavior Science	3
<b>Semester 2 (Fall)</b>				BHAN	332	Health Behavior Theory & Models	3
BIO	121	Anatomy & Physiology II	5	STAT	200	Basic Statistical Practice	3
ENG	101	Critical Thinking & Academic Writing	3	Breadth		Creative Arts & Humanities	3
EXS	100	Introduction to Exercise Science	4				
EXS	101	Functional Kinesiology	3				
<b>Semester 3 (Spring)</b>				<b>Semester 8 (Spring)</b>			
ENG	102	Composition & Research	3	BHAN	326	Research Methods & Stats for Behavioral Sci.	3
MAT	153	College Math & Statistics	4	BHAN	335	Health & Aging	3
				BHAN	342	Intro to Adapted Physical Activity	
EXS	105	Conditioning & Strength Training	4	HLPR	211	Intro to Public Health	3
EXS	120	Wellness & Health Promotion	3	HLPR	222	Intro to Epidemiology	3
HLH	110	First Aid, Safety & CPR	3	Breadth		History & Cultural Change/Multicultural Course	3
<b>Semester 4 (Summer)</b>				<b>Semester 9 (Fall)</b>			
EXS	135	Exercise Science Clinical I	2	BHAN	334	Health Behavior Assessment	3
BIO	115	Nutrition	3	BHAN	490	Development of Health Promotion Programs	3
<b>Semester 5 (Fall)</b>				HLPR	430	Behavior Change Strategies & Tactics	3
SOC	111	Sociology	3	HLPR	233	Global Health	3
EXS	200	Nutrition for Sport & Exercise	3	PH Minor	Elective	Social Systems & Policy Category	3
EXS	205	Fitness for Special Populations	3				
EXS	225	Advanced Exercise Testing	4				
EXS	230	Health Fitness Instruction	4				
<b>Semester 6 (Spring)</b>				<b>Semester 10 (Spring)</b>			
PSY	121	General Psychology	3	BHAN	464	Health Behavior Science Internship	9
EXS	235	Exercise Science Clinical II	5	PH Minor	Elective	Leadership Category	3
<b>Total Credits</b>			<b>68</b>				<b>55</b>
<ul style="list-style-type: none"> <li>The Bachelor of Science program in Health Behavior Science requires a minimum of 120 credits.</li> <li>Course sequencing may vary by semester. See your advisor.</li> <li>Breadth requirements must be from four different subject areas and chosen from the Breadth Requirement listing in the UD Academic Catalog. One of the four breadth requirements must also meet the Multicultural Requirement.</li> </ul>							
For more information contact:							
<b>Delaware Tech</b>				<b>University of Delaware</b>			
Dover, DE: (302) 857-1303 Georgetown, DE: (302) 259-6546 Newark, DE: (302) 454-3188				bhanadvising@udel.edu  (302) 831-2079			
The articulation agreement is subject to change based on Delaware Tech and University of Delaware curriculum changes							07/2019



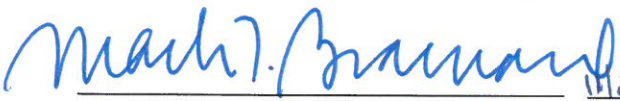
## APPROVAL

This program articulation agreement is between DTCC's Associate of Applied Science Degree in Exercise Science and UD's Bachelor of Science Degree in Health Behavior Science with a minor in Public Health.

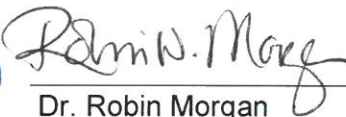
Approval is granted for a period of five years effective on the date both parties have signed this agreement.

### DELAWARE TECHNICAL AND COMMUNITY COLLEGE

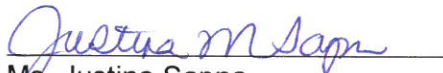
### UNIVERSITY OF DELAWARE

  
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11/26/19

Mark T. Brainard, J.D.  
Date  
President  
Delaware Technical & Community College

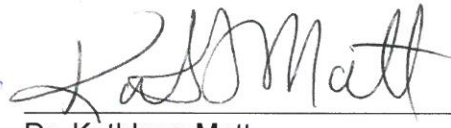
  
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1-2-2020

Dr. Robin Morgan  
Date  
Provost  
University of Delaware

  
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11/22/19

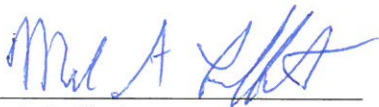
Ms. Justina Sapna  
Date  
Vice President of Academic Affairs

11/22/19

  
\_\_\_\_\_  
12/20/19

Dr. Kathleen Matt  
Date  
Dean  
College of Health Sciences

12/20/19

  
\_\_\_\_\_  
7/26/19

Dr. Mark Lafferty  
Date  
Instructional Director  
Allied Health & Sciences

7/26/19

  
\_\_\_\_\_  
12/11/19

Dr. Michael Peterson  
Date  
Chair  
Department of Behavioral Health  
& Nutrition

12/11/19

  
\_\_\_\_\_  
7/26/19

Ms. Carol Malkin  
Date  
Program Coordinator  
Exercise Science

7/26/19